

# Adult New Patient

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

PHONE - Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Fax \_\_\_\_\_ e-mail address \_\_\_\_\_ Marital Status \_\_\_\_\_

Occupation \_\_\_\_\_ Who referred you ? \_\_\_\_\_

Prior Homeopathic treatment ? \_\_\_ By Whom \_\_\_\_\_ Date Last Seen \_\_\_\_\_

## IN THE EVENT OF EMERGENCY PLEASE NOTIFY:

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

## MEMBERS OF YOUR HOUSEHOLD

NAME	AGE	RELATIONSHIP
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_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

## ALLERGIES (please list all known or suspected drug sensitivities and environmental allergies)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## MEDICATIONS, VITAMINS and SUPPLEMENTS (include non-prescription and herbs)

NAME	DOSAGE	FREQUENCY
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_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

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## HEALTH HABITS

How many times each week do you exercise for 40 minutes or more ? \_\_\_\_\_

How do you exercise ? \_\_\_\_\_

Do you smoke cigarettes ? \_\_\_ If so, how many each day ? \_\_\_\_\_ At what age did you start ? \_\_\_\_\_

Do you drink alcohol ? \_\_\_ How much weekly ? \_\_\_\_\_

Are you concerned about your use of alcohol ? \_\_\_

Do you use other recreational drugs ? \_\_\_\_\_ Are you concerned about your use of those drugs ? \_\_\_\_\_

Do you drink coffee ? \_\_\_\_\_ How much ? \_\_\_\_\_ Do you eat a well balanced breakfast ? \_\_\_\_\_

Do you wear seat belts every time you are in an automobile ? \_\_\_\_\_ Are you a careful driver ? \_\_\_\_\_

Do you set aside enough time for adequate relaxation ? \_\_\_\_\_ How do you relax ? \_\_\_\_\_

ARE YOU EXPOSED TO ANY TOXIC SUBSTANCES ? (Please provide details regarding those exposures that concern you)

\_\_\_\_\_

WHAT HEALTH PROBLEMS ARE YOU PARTICULARLY CONCERNED ABOUT ?

\_\_\_\_\_

\_\_\_\_\_

WHAT RECENT LOSSES OR UNUSUAL STRESSES HAVE YOU EXPERIENCED ?

\_\_\_\_\_

\_\_\_\_\_

PLEASE CIRCLE ANY DISEASES THAT YOU OR YOUR FAMILY HAVE SUFFERED

Alcohol/Drug Problems   Allergies   Alzheimer's Disease   Anemia   Arthritis/Gout

Asthma   Bleeding Problems   Cancer   Convulsions/Epilepsy   Diabetes

Eczema   Emphysema   Heart Trouble   Hepatitis   High Blood Pressure

Kidney or Bladder Problems   Menstrual Problems   Mental Illness   Migraines

Pneumonia   Polio   Rheumatic Fever   Stomach /Intestinal Disease   Stroke

Thyroid Problems   Tuberculosis   Ulcers   Weight Problems