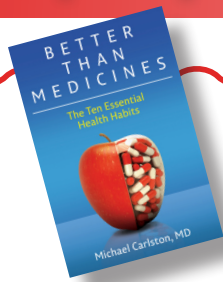


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Better Than Medicines: The Ten Essential Health Habits

by Michael Carlston, MD

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Media Relations:

(Ms.) “Sam” Jernigan
Renaissance Consultations
sam@MarketingAndPR.com
cell: 530.362.1339 (PST)

www.BetterThanMedicines.com